

State Champions of Chesterfield County

Team and Individual

By

Dick Overton, CMAA

Director of Student Activities

Midlothian High School

Teams / Individual

Athletic Directors Dick Overton, CMAA, Midlothian
VIAAA State AAA Athletic Director of the Year – 2001

Dick Overton, CMAA, Midlothian
NIAAA State Award of Merit - 2006

Ted Salmon, CAA, Clover Hill
VIAAA State AAA Athletic Director of the Year - 2005

Baseball Clover Hill - A - 1979, AAA - 1994
Midlothian - AA – 1985
Monacan – AAA – 2006
James River – AAA – 2007, 2008

State Baseball Coach of the Year- Tim Lowery-Clover Hill - 1999
State Baseball Coach of the Year- Tim Lowery-Cosby - 2008

Boys Basketball Meadowbrook - AAA - 1994

Girls Basketball Midlothian - AAA – 2000
31-0

Virginia State Player of the Year – Anna Prillaman - 2000

Cheering Team - None

Boys Cross Country Midlothian - AAA - 2000, 2003, 2006, 2007
Manchester - AAA - 1997
Monacan - AAA - 1980, 1981

State Champions
Ted Richardson – James River - 2009
Jason Witt – Midlothian - 2007
Alex Tatu – Thomas Dale – 2001, 2002
Jeff Slater – Monacan – 1983, 1984
Melvin Woodcock – Manchester - 1959

Stan Morgan, Midlothian
VHSCA State Coach of the Year – 2001, 2005

Jim Melillo, Midlothian
VHSCA State Assistant Coach of the Year – 2003

Girls Cross Country Midlothian – AAA – 2005, 2006, 2007, 2008

James River – AAA – 2002

Manchester – AAA – 1997

Monacan – AAA – 1981

State Champions

Kathleen Lautzenheiser – Midlothian - 2007

Wendy Neeely – Manchester – 1984

Field Hockey James River – AAA – 2002

Football Thomas Dale – 2009 – AAA – Division 6

Meadowbrook – 2004 – AAA – Division 5

Vic Williams, Thomas Dale

VHSCA State Division 6 Coach of the Year - 2009

Jack Olsen, Midlothian

VHSCA State Assistant Coach of the Year – 2004

Bill Bowles, Meadowbrook

VHSCA State Division 5 Coach of the Year - 2004

Boys Golf Meadowbrook – 1966, 1980

Midlothian – 1982

Manchester – 1984

James River - 2008

State Medalist

George Soongnarata – LC Bird – 2003

Alex Brown – LC Bird – 2001

Jackie Beers – Monacan - 2001

Matt Dilday – Meadowbrook – 1991

Bobby Watkins – Meadowbrook – 1967

Clavis Smith – Clover Hill – 1980

Lanny Watkins – Meadowbrook – 1964

Girls Golf Team – None

Boys Gymnastics Clover Hill – 1984

Monacan – 1981

Manchester – 1974, 1975

State Champions by Events

All- Around

Bobby Brankley – Clover Hill – 1985
David Zeddies – Monacan – 1983
Steve Willard – Manchester – 1976
Mason Tokarz – Manchester – 1974, 1975

High Bar

Tim Mullins – Clover Hill – 1985
Bobby Brankley – Clover Hill – 1985
Dwayne Zeddies – Monacan – 1983
Kenny Cook – Monacan – 1980
Mason Tokarz – Manchester – 1975

Parallel Bars

Bobby Brankley – Clover Hill – 1985
David Zeddies – Monacan – 1983
Steve Willard – Manchester – 1976
Mason Tokarz – Manchester – 1975

Floor

Steve Willard – Manchester – 1976
Mason Tokarz – Manchester – 1975

Pommel Horse

David Zeddies – Monacan – 1983

Side Horse

Chris Bunting – Manchester – 1975, 1976

Vaulting

James Haskins – Thomas Dale – 1983

Long Horse

Steve Willard – Manchester – 1975
Chris Bowling – Manchester – 1974

Girls Gymnastics

Midlothian – 1974

State Champions by Event

Floor

Kathy Turco – Manchester – 1973, 1974
Shelly Coghill – Midlothian – 1972

Bars

Megan Dameron – Thomas Dale – 1995

Beam

Linda Dameron – Thomas Dale – 1990

Natalie Brandt – Midlothian – 1975

Kathy Turco – Manchester – 1972

Martha Furlong – Huguenot – 1970

Vault

Shelly Coghill – Midlothian – 1973

Boys Soccer

Thomas Dale – 2005, 2006

State Coach of the Year – Mike Anderson – Clover Hill – 1998

State Coach of the Year – Mike Anderson – Cosby – 2008

Girls Soccer

Team - None

Softball

Manchester – 1996

Midlothian – 1994

VHSCA State Coach of the Year – Denise Manuel – Midlothian - 2007

Swim

Team – None

Boys Tennis

Midlothian – 1977, 1978, 1979, 1980, 1981

State Singles Champions

Joey Hopke – Monacan – 1997

Steve Wilson – Midlothian – 1979

Pat Perrin – Manchester – 1977

David Wolfe – Midlothian – 1981

Darryl Wilburn – Monacan – 1980

State Doubles Champions

J. Hopke / M. Hopke – Monacan – 1997

Miller / Pinkham – Midlothian – 1979, 1980

Wilson / Jones – Midlothian – 1978

Wolfe / Lowery – Midlothian – 1981

Wilburn / Erikson – Monacan – 1980

Girls Tennis

Clover Hill – 1994, 1996, 1997

Midlothian – 1978, 1986

State Singles Champions

Christy Pomeroy – Midlothian – 1991, 1992

Shannon Cubitt – Midlothian – 1986

Kim Boerner – Midlothian – 1984

State Doubles Champions

Lanio / Mason – Clover Hill – 1996, 1997

Pomeroy / Williams – Midlothian – 1992

Pomeroy / Zacharias – Midlothian – 1991

Pomeroy / Bluthenthal – Midlothian – 1989
Cubit / Boerner – Midlothian – 1986
Boerner / Calder – Midlothian – 1984
Faulkes / Labar – Clover Hill – 1983

Boys Indoor

Team - None

State Champions by Event

Long Jump

Dennis Boone – Thomas Dale – 2004

Dennis Boone – Thomas Dale - 2005

Shot

Clayton Mitchell – Clover Hill - 1976

High Jump

David Randolph – Monacan – 1997

Pole Vault

Tim Johnson – Midlothian – 1976

Bryan Gentry - - 1975

55m Dash

Dennis Boone – Thomas Dale - 2005

60 yd Dash

? Mc Ginnis – Manchester – 1962

1000m

Alex Tatu – Thomas Dale – 2003

1600m

Alex Tatu – Thomas Dale – 2002, 2003

Barry Maroney – Monacan – 1987

3200m

Jason Witt – Midlothian - 2007

Jeff Greene – Clover Hill – 1990

Jeff Slater – Monacan – 1984

1600 m Realy

Manchester - 1994

Girls Indoor

Team
Midlothian - 2007

State Champions by Event

1000m
Paige Johnston – Midlothian – 2007, 2009

1600m
Paige Johnston – Midlothian -2009
Amanda Patterson – Midlothian – 2004
Kim Goode – Clover Hill – 1992

3200m
Amanda Patterson – Midlothian – 2004
Kim Goode – Clover Hill – 1992

3200m Relay
Midlothian – (MC Miller, C Selander, A Patterson, J Oakley) 2005
Midlothian – (C.Selander, S. Dow, P. Johnston, MC Miller) 2006
Midlothian - (K. Lautzenheiser, S. Dow, P. Johnston, MC Miller) 2007

Boys Outdoor

Clover Hill – 1986 – AA

State Champions by Event

Discus
Dennis Hackworth- Manchester – 1973

High Jump
Raymond Johnson – Manchester – 1956
Mike Nelson – Thomas Dale – 1985

Long Jump
Dee Dee Meriweather – Meadowbrook – 1986

Triple Jump
Keith Jefferson – Matoaca – 1990
Antonio Miller – Manchester – 2007 – 48'04”

110m HH
David Fleming – Clover Hill – 1986

Linwood Carroll – LC Bird - 1981

120 yd High Hurdles

Harry Patterson – Huguenot – 1964

300m Hurdles

Eric Carroll – LC Bird – 1987

David Fleming – Clover Hill – 1986

100m

Jeff Couch – Midlothian – 1981

200m

Kermit Brown – Matoaca – 1989

400m

Brandon Noel – Matoaca – 2001

400m Relay

Matoaca – 1989

4x100 m Relay

Manchester 2006

(A. Birchett, A. Chesson, W. Thomas, R. Hill)

800m

Alex Tatu – Thomas Dale – 2003

1600m

Alex Tatu – Thomas Dale – 2002, 2003

Barry Maroney – Monacan – 1987

3200m

Austin Smith – Midlothian – 2000

Jackie Worthington – Thomas Dale - 1984

Mile Run

Eric O’Neill – Huguenot – 1968

3200m Relay

Midlothian – 2003

Girls Outdoor

Team – None

Gene Bowen – Manchester – 2005

VHSCA State Coach of the Year

State Champions by Event

Discus

Jennifer Marinacci – Manchester – 2004, 2006

Simone Farrar – Matoaca – 1990, 1991

Shot

Teena Brooks – Meadowbrooks – 1982, 1983
Simone Farrar – Matoaca - 1990

Long Jump

Niambi Dennis – Meadowbrook – 1990

Triple Jump

Marchelle Payne – Meadowbrook – 1989
Rachel Lewis – Meadowbrook – 2005

High Jump

Genny Harding – Thomas Dale – 1998

100m

Shanneka Claiborne – Matoaca – 2007 – 11.96

110m Hurdles

Kelli Wells – James River – 2001
Lashaunda Jefferson – Matoaca – 1999

400m

Traci Abbott – Clover Hill - 1983

800m

Sarah Burkett – Manchester – 1996, 1997
Paige Johnston - Midlothian – 2007 – 2:13.93

1600m

Kathleen Lautzenheiser – Midlothian – 2007 – 4:59.06

400m Relay

Matoaca – 1999

3200m Relay

Manchester – 1996, 1997

Boys Volleyball

Clover Hill – 2001, 2005, 2006, 2009
Monacan – 1998, 2002
Thomas Dale – 2007

Monacan – 2007 – VHSL Sportsmanship Award

State Coach of the Year – Steve Eliasek – Clover Hill - 2001

Girls Volleyball

Team – None

Wrestling

Team – None

State Champions by Weight Class

135 lbs

Dan Austin – Meadowbrook – 1992

Adrian Austin – Matoaca - 1999

138 lbs

Kent Pond – Thomas Dale – 1985

140 lbs

Blake Roulo – Matoaca – 2010

145 lbs

Frank Nicklis – Meadowbrook – 1991

Mike Murray – Thomas Dale – 1984, 1985

176 lbs

Keith Dixon – LC Bird – 1983

185 lbs

Danny Beasley – LC Bird – 1983

Keith Dixon – LC Bird – 1982

Creative Writing

Outstanding School Folder

James River – 2002

Monacan – 1991

Midlothian – 1990

State Champions by Events

Poetry

Evan Boyd – Monacan – 1991

Jeff Hirsch – Midlothian – 1990

Dwight Cossitt – Midlothian – 1973

Midlothian – 1964, 1967

Short Story

Chris Spinelli – Midlothian – 1990

Essay

Catherine Corrie – Midlothian – 1990

Stephen McBride – Midlothian – 1973

Midlothian – 1964

Debate

Team – None

State Champions by Events

Speaker Awards – Classic

Spencer Mobley – Clover Hill – 2004

Lincoln- Douglas

James Tyger – Midlothian – 2003

Switch – Side

Steven Hall / Frankie Rho – Monacan – 1992

Shannon Webb / Noelle Reese – Manchester – 1986

Speaker Awards – Affirmative

Scott Duncan / Tina Turner – Manchester – 1986

Tina Turner – Manchester – 1986

Meghan Kelly / Laura Leesburg – Monacan- 1985

Laura Leesburg – Monacan – 1985

Ginger Gay / Diane Pully – Manchester – 1984

Diane Pully – Manchester – 1984

Wendy Buenting / Margaret Ward – Matoaca – 1982

Lisa Nichols / Nancy Glover – Manchester – 1976

Mary Blakley / Sharon Hooper – Manchester – 1978

Georgia Esposito / Janine Reter – Manchester – 1978

Sharon Hooper – Manchester – 1978

Speaker Awards – Negative

Lisa Stevenson / Tim Padgett – Manchester – 1986

Tim Padgett – Manchester – 1986

Jim Woodruff / John Gerner – Manchester – 1976

John Gerner – Manchester – 1976

Forensics

Monacan – 1989, 1990, 1993, 2000

State Champions by Events

Poetry Interpretation

Karen Schantz – Moanacan – 2000

Serious Dramatic Interpretation

Anita Hernandez – James River – 2002

Duo Interpretation

Matt Macey / Nick Von Bank – Monacan – 2000, 1999

B. Motijo / J. Mannix – Monacan – 1998

T. Showalter / R. Clark – Monacan – 1996

Roby Clark / Margaret Carr – Monacan – 1995

P. Bryan / W. Weing – Manchester – 1994

A. Justice / D. Owenby – Manchester - 1993

B.

Prose Interpretation

Robert Cheatham – Monacan – 1999

Keith Shumaker – Monacan – 1987

Jack Spencer – Midlothian - 1981

Domestic Extemporaneous Speaking

John Davis – Monacan – 1998

Humorous Dramatic Interpretation

Fabian Rush – Clover Hill – 1998

Robert Todd – Clover Hill – 1997

Philip Pinkey – Monacan – 1993

Chase Peeples – Monacan – 1990

Francie Shepherd – Monacan – 1989

Girls Extemporaneous Interpretation

Bronwynn Bailey – Manchester – 1993

Girls Prose Interpretation

Anna King – Monacan – 1993

Indrian Mazunder – Monacan – 1987

Laurie Maxwell – Monacan – 1985

Mary Moody – Huguenot - 1969

Girls Poetry Interpretation

Pamela Robinson – Monacan – 1993

Girls Original Oratory

Maura Williams – Monacan – 1992

Kim Ashbury – Midlothian – 1982, 1983

Girls Extemporaneous Speaking

Charity Evans – Monacan – 1990

Sendy Buenting – Matoaca – 1983

Wendy Buenting – Matoaca – 1981

Ann Keller – Clover Hill - 1975

Boys Poetry Reading

Aaron Dotson – Manchester – 1989

David Stevens – Clover Hill – 1986

Norman Cooley – Matoaca – 1983

David Dee – Clover Hill - 1979

Boys Original Oratory

Doug Ramseur – Monacan – 1988

Ed McBride – Clover Hill - 1973

Girls Poetry Reading

Andrea Detweiler – Monacan – 1987

Jennifer Brandt – Manchester – 1983

Jane Via – Monacan - 1982

Spelling

Jim Comer – Midlothian – 1984

Boys Extemporaneous Speaking

Deshaun Nolley – Meadowbrook – 1982

Boys Prose Reading

Van Selby – Huguenot – 1967

Boys Public Speaking

Paul Conte – Huguenot – 1966

Jon Smith – Huguenot – 1966

Publications**Trophy Class Winners**

Monacan – 1989, 1991, 1995

Thomas Dale – 1966, 1972, 1973, 1976, 1979

Midlothian – 1978

Newspaper Trophy Class Winners

Thomas Dale – 1967, 1977, 1996, 1997

Clover Hill – 1998

Manchester – 1961, 1962, 1963, 1965, 1972

Huguenot – 1967

Midlothian – 1959, 1960

Yearbook Trophy Class Winners

Thomas Dale – 1971, 2002, 2003,

2009, Scott Young

Savedge Award of Sustained Excellence – Thomas Dale , Yearbook , 2009

Manchester – 2000

LC Bird – 1993

Meadowbrook – 1982, 1984

Monacan – 1980

Clover Hill – 1966, 1967, 1968, 1970, 1977, 1978, 1979

Midlothian – 1966, 1968, 1970, 1971

Huguenot – 1967

Theater**State Champions**

Thomas Dale – 1989 – “ God’s Trombone “

Huguenot – 1964

Midlothian – 1959

Outstanding Acting Award

Chelsea Frangeo – Monacan – 2003

Megan Ford- Thomas Dale - 1999

Ian Anderson – Thomas Dale – 1999

Aaron Holland – Thomas Dale –1999

Travis Seitz – Meadowbrook – 1996

Heather King – Monacan – 1994

Kipp Mooreman – Monacan – 1992
Lee Coffey – Matoaca – 1994
Alfred Erny – Matoaca- 1994

Marshall Johnson	Midlothian – 2000
Sportsmanship Award For Basketball	Matoaca - 1990
VHSL Field Hockey Sportsmanship Award	Midlothian – 1993, 1995, 1999 Thomas Dale – 1997, 1998
VHSL Volleyball Sportsmanship Award	Clover Hill – 1998, 1999, 2002, 2004 LC Bird – 1995
VHSL Boys Soccer Sportsmanship Award	Thomas Dale – 2005
Achievement Awards	Virginia Farm Bureau
Participant	Gabe Nelson – Midlothian 2001
	Academic Activities Participant Felicity Aulino- Midlothian - 1995
	Wachovia Cup – Academic Activities Monacan – 1990
	Male Athlete of the Year Terrance Deans – Matoaca – 1992
VHSL	Female Athlete of the Year MC Miller – Midlothian - 2007

Source: VHSL Record Book @ vhsl.org, p. 1-201