

All-Region field hockey team

All-region first team: Catherine Rogerson (Cosby), Emily Dietrick (Atlee), Katy May (Maggie Walker Governor's School), Regan Flores (Thomas Dale), Ann Martin (James River), Taylor Dali (Hopewell), Siobahan Rigby (MWGS), Jordan Nowaczyk (JR), Abby Bellows (Hanover), Sarah Thornhill (Douglas Freeman), Carolyn Martyn (Midlothian), Thea Stoller (DF), Monica Thornton (Clover Hill), Kathryn Barisano (TD), Madelyn Clark (Han), Regan Spencer (C).

Second team: Allison Piotrowski (Mid), Hannah Humrich (DF), Lane Scher (MWGS), Laken Adams (Prince George), Michaela Nardi (Henrico), Ally Blanchetti (Deep Run), Maddie Kendrick (TD), Jenny Reynolds (Mid), Lauren Kesler (Han), Megan Morris (MWGS), Kelsey Daugherty (TD), Lauren Dailey (JR), Rachel Schrader (TD), Sarah Brock (Matoaca), Emily Mead (C), Allie Buff (DR), Ainsley Parrish (TD)

Player of the year: Siobahn Rigby, Maggie Walker

Coach of the year: Rachel Mead, Cosby