

2010 Dominion District Boys Soccer Team

First Team All-District

Dylan Bowman *	James River
Nathan Shiffman*	James River
Chase Farnsworth*	Monacan
Justin Pugh*	Monacan
Luis Rendon*	Cosby
Adam Nelson*	Cosby
Pops Richards	Cosby
Noah Davis*	Cosby
Hayden Bennett*	Clover Hill
Alex Brown*	Clover Hill
James Lawrence*	Midlothian
Joey Crespo	Midlothian
Stephen Landry*	Midlothian
Chris Bourne*	Manchester
Isreal Mendoza*	James River
Matt Butta *(Goalkeeper)	Monacan

Second Team All-District

Trent Brown*	James River
Ian Riester*	Monacan
Ramon Gomez	Monacan
Nick Wright*	James River
Amil Vehab	Clover Hill
Mike Meszaros*	Midlothian
Quinn Schildkamp*	James River
Ben Messer*	James River
Nick Roberston*	Monacan
Alex Thexton*	Cosby
Caleb Watkins*	Cosby
Christopher Fitzpatrick*	Cosby
Daniel Hallinan*	Clover Hill
Finnlay Wyatt*	Midlothian
Jacob Pruckner*	L C Bird
Brad Custer*(Goalkeeper)	Cosby

* denotes All Academic

All Academic Team

Aaron Graham	Midlothian
Owen Lohner	Midlothian
Ian Cook	Clover Hill
Christian Segura	L C Bird
Eric Warren	Monacan

Player of the Year

Nathan Shiffman- James River

Coaches of the Year

Mike Anderson-Cosby