

VHSCA ALL-STATE Football

2010 AAA All-State Football

| PLAYER | POSITION | SCHOOL |
|---------------------------|-----------------|----------------|
| FIRST TEAM OFFENSE | | |
| Aaron Lewis | Center | Hermitage |
| Adam Forbes | Guard | Stone Bridge |
| Nick Easter | Guard | Colonial Forge |
| Marcus Matthews | Tackle | Osborn |
| Jake Goins | Tackle | Manchester |
| Eric Frohnapel | Tight End | Colonial Forge |
| Quinta Funderburk | Wide Receiver | Oscar Smith |
| Anthony Cooper | Wide Receiver | Bayside |
| Troy Scharfen | Wide Receiver | Langley |
| Matt Zanellato | Wide Receiver | Lake Braddock |
| Tyree Lee | Running Back | Phoebus |
| Marcus Harris | Running Back | Stone Bridge |
| Yahkee Johnson | Running Back | L. C. Bird |
| Dominique Terrell | Quarterback | Osborn |
| Dechavon Hayes | Kick Returner | Varina |
| Michael Dola | Place Kicker | Yorktown |
| Jared Velasquez | Utility/Athlete | Robinson |

| PLAYER | POSITION | SCHOOL |
|----------------------------|-----------------|-----------------|
| SECOND TEAM OFFENSE | | |
| Dylan Evans | Center | Lake Braddock |
| David Dean | Guard | Green Run |
| Andy Ruckman | Guard | Woodside |
| Kevin Jennings | Guard | Hermitage |
| Denny Vaughn | Tackle | Dinwiddie |
| Mike Phillips | Tackle | Bayside |
| Trey Gardner | Tight End | Dinwiddie |
| Drakar Harvell | Wide Receiver | Dinwiddie |
| Demetrius Nicholson | Wide Receiver | Bayside |
| Lucky Whitehead | Wide Receiver | Osborn |
| Shane Preston | Wide Receiver | Franklin County |
| Jared Valasquez | Running Back | Robinson |
| Nagee Jackson | Running Back | Battlefield |
| Mico Phillips | Running Back | Meadowbrook |
| Dean Cheatham | Running Back | Hanover |
| Michael Nebrich | Quarterback | Lake Braddock |
| Shane Preston | Kick Returner | Franklin County |
| Eric Enderson | Place Kicker | Phoebus |
| Kevin Green | Utility/Athlete | Petersburg |

| PLAYER | POSITION | SCHOOL |
|---------------------------|---------------|----------------|
| FIRST TEAM DEFENSE | | |
| DaQuan Romero | End | Phoebus |
| Corey Marshall | End | Dinwiddie |
| Jonathan Allen | Lineman | Stone Bridge |
| Jaquan Roney | Lineman | Hermitage |
| Dallas Cogdale | Lineman | Hampton |
| Trey Preston | Linebacker | Franklin |
| Curtis Grant | Linebacker | Hermitage |
| Kavon Bellamy | Linebacker | Hampton |
| Kyle Gouveia | Linebacker | Stone Bridge |
| Brandon Roger | Back | Hermitage |
| Anthony Harris | Back | Stone Bridge |
| Demetrius Nicholson | Back | L.C. Bird |
| Spenser Rositano | Back | Bayside |
| Tim Scott | Back | Stone Bridge |
| Gaige Parolisi | Punter | Colonial forge |
| Breon Key | Punt Returner | Matoaca |
| | | Phoebus |

| PLAYER | POSITION | SCHOOL |
|----------------------------|---------------|---------------|
| SECOND TEAM DEFENSE | | |
| Emanuel Adetunji | End | Lake Braddock |
| Diamante Bailey | End | Hermitage |
| Zavier Stringfellow | Lineman | Battlefield |
| Sidney Blue | Lineman | Massoponax |
| Lakendrick Ross | Lineman | I.C. Norcom |
| Andre Thweatt | Linebacker | Dinwiddie |
| Deon Clarke | Linebacker | L.C. Bird |
| Caleb Taylor | Linebacker | Phoebus |
| CJ Reimann | Linebacker | Oakton |
| Breon Key | Back | Phoebus |
| Kameron Mack | Back | I.C. Norcom |
| Ronny Van Dyke | Back | South County |
| Bo Bo Beathard | Back | Battlefield |
| Lucky Whitehead | Back | Osborn |
| Remington Hinshaw | Punter | Patrick Henry |
| Jamil McGinnis | Punt Returner | L.C. Bird |
| Jared Velasquez | Punt Returner | Robinson |

| PLAYER | POSITION | SCHOOL |
|----------------------------------|-----------------|------------------|
| HONORABLE MENTION OFFENSE | | |
| Josh Mann | Center | Ocean Lakes |
| Freddie Potter | Center | Battlefield |
| Dan Carriker | Guard | West Potomac |
| David Rosoldi | Guard | Battlefield |
| Sam Terrerson | Guard | Manchester |
| Jay Murray | Tackle | Lake Braddock |
| Alex Mokhiber | Tackle | Stone Bridge |
| Sean Green | Tackle | Franklin |
| Jonathan McLean | Tackle | Phoebus |
| Jayquan Darden | Tight End | Oscar Smith |
| Trey Huelskamp | Tight End | Chantilly |
| Darius Simpson | Wide Receiver | Thomas Jefferson |
| Keith Johnson | Wide Receiver | Petersburg |
| Chance Stone | Wide Receiver | Lee-Davis |
| Tanner Quigley | Wide Receiver | Lake Braddock |
| Daryl Copeland | Wide Receiver | West Potomac |
| Tim Scott | Wide Receiver | Colonial Forge |
| J.C. Colman | Running Back | Oscar Smith |
| Derrion Walton | Running Back | Lake Taylor |
| Manny Smith | Running Back | Centreville |
| Tyler Wilson | Running Back | Colonial Forge |
| Jaylen Avent | Running Back | Woodbridge |
| Andre Thweatt | Running Back | Dinwiddie |
| Bredden Riddick | Quarterback | Hermitage |
| Jaylian Williamson | Quarterback | Oscar Smith |
| Anthony Cooper | Kick Returner | Bayside |
| Jared Velasquez | Kick Returner | Robinson |
| John Stibel | Place Kicker | Hermitage |
| Chris Boteler | Place Kicker | Osborn |
| Lafonte Thourgood | Utility/Athlete | Ocean Lakes |
| Marc Meier | Utility/Athlete | Great Bridge |
| Dominique Miller | Utility/Athlete | C.D. Hylton |
| HONORABLE MENTION DEFENSE | | |
| Eli Harold | End | Ocean Lakes |
| Ken Ekanem | End | Centreville |
| Dimitri Mack | End | Osborn |
| Parrish Kelley | End | C.D. Hylton |
| Nick Eccleston | Lineman | Chantilly |
| Calvin Hollenworst | Lineman | Stone Bridge |
| Alex Mosley | Lineman | Highland Springs |
| Mo Gross | Lineman | Clover Hill |
| Brandon Rufin | Lineman | Oscar Smith |
| Chris Wendle | Linebacker | Battlefield |
| Christian Harris | Linebacker | C.D. Hylton |
| Kevin Wiley | Linebacker | Loudon Valley |
| Josh Doggett | Linebacker | Atlee |
| Raysean Richardson | Linebacker | Oscar Smith |
| Travis Hughes | Linebacker | Kempsville |
| Ben Cobb | Linebacker | Chantilly |
| Andrew Weidinger | Linebacker | Lake Braddock |
| Marzae Brooks | Back | Hanover |
| Martin Smith, Jr. | Back | Highland Springs |
| Marc Meier | Back | Great Bridge |
| Jarred Velasquez | Back | Robinson |
| Kyle Bailey | Back | Yorktown |
| Iric Harris | Back | C.D. Hylton |
| Seth Pekoe | Punter | Cox |
| Michael Dola | Punter | Yorktown |
| Shane Preston | Punt Returner | Franklin |
| Breon Key | Punt Returner | Phoebus |

OFFENSE PLAYER OF THE YEAR
Tyree Lee - Phoebus

DEFENSE PLAYER OF THE YEAR
Curtis Grant - Hermitage

Division 5 COACH OF THE YEAR
Stanley Sexton - Phoebus
Division 6 COACH OF THE YEAR:
Mark Cox - Battlefield