

Girls All-Metro basketball first team

Jazmin Pitts

School: Cosby

Year: Senior

Position: Center

Height: 6-1

The skinny: Pitts, who is headed to the University of Virginia, is a three-time, first-team All-Metro choice. She was second team as a freshman. Pitts, last year's T-D player of the year, averaged 15 points, 9 rebounds and 3 blocks as a senior. She established the school record for career points with 1,825 and surpassed 1,000 career rebounds.

What she wants you to know: I eat beef Ramen noodles before every game.

Becca Wann

School: Cosby

Year: Senior

Position: Guard/ Forward

Height: 5-11

The skinny: Wann follows Pitts as the T-D player of the year. She averaged 16 points, 9 rebounds and 7 assists this season for the Titans, who repeated as Dominion District and Central Region champions. Wann was the district and region player of the year and concluded her four-year career as the school's third-leading scorer behind Pitts and Andrea Bertrand (1,638) with 1,631 points. She has been All-Metro first team in basketball and soccer twice and will play both sports at the University of Richmond.

What she wants you to know: Sometimes I lose my voice when I'm in the car singing along with Carrie Underwood.

Jorden Lykes

School: Prince George

Year: Senior

Position: Post/ Forward

Height: 5-10

The skinny: Lykes moves up from last year's second team. She averaged 15.9 points and 13.7 rebounds. She recorded a double-double in scoring and rebounding in 25 of 26 games this season. Lykes finished her career with 1,302 points and 1,082 rebounds. She was first-team all-Central District and second-team all-Central Region.

What she wants you to know: My name is spelled with an "e," not an "a."

Ka'lia Johnson

School: Thomas Dale

Year: Junior

Position: Guard

Height: 5-9

The skinny: Johnson and first-team All-Metro are synonymous. This is her third consecutive year among the top five players. She averaged a triple-double for the Central Region runner-up

Knights: 21.9 points, 12.6 rebounds and 10.2 assists. She also contributed four steals a game. Johnson was the Central District player of the year again and made a college commitment to Duke early in the season.

What she wants you to know: I can juggle, but not very well.

Kyra Coleman

School: Highland Springs

Year: Senior

Position: Guard

Height: 5-10

The skinny: Coleman is the first Springers' girl to make the All-Metro first team. She moves up from last year's second team. The leading scorer in school history with 1,683 points, she averaged 20.3 points, 12.4 rebounds and 4.3 steals for this year's Capital District champions. She was the district player of the year and was first-team all-Central Region.

What she wants you to know: I love meeting new people and learning new things (from her player of the week Q&A).

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Player	School	Ht.	Class
Andrea Bertrand	Cosby	5-9	Sr.
Ashle Freeman	Henrico	5-4	Jr.
Alyssa Frye	Thomas Dale	5-7	Sr.
Brittany Hill	Atlee	5-7	Sr.
Taylor Huber	Patrick Henry	5-6	Jr.
Trylanda Jennings	Huguenot	5-6	Jr.
Sarah Parsons	J.R. Tucker	5-4	Jr.
Roslyn Presley	Appomattox GS	5-10	Sr.
Candice Silas	Monacan	6-0	Sr.
Andrea Sisson	Mills Godwin	5-6	Sr.