

Times-Dispatch 2010 All-Metro football offense

Aaron Lewis **School:** Hermitage **Year:** Senior **Position:** Center **Ht/Wt:** 6-2, 230

The skinny: Lewis was the lone returning starter on the line, which got better each week and opened the way for Colonial District offensive player of the year Brendon Riddick. The line was especially effective in helping Hermitage reach the state Group AAA Div. 6 final. Lewis was first-team all-district and all-Central Region.

What you didn't know: "I sing in all my free time." He is a member (bass section) of the Select Choir at Hermitage.

Brad Goldsmith **School:** Hanover **Year:** Senior **Position:** Guard **Ht/Wt:** 6-0, 235

The skinny: One of three returning senior starters on the line, Goldsmith was instrumental in paving the way for RB Deane Cheatham and QB Sam Rogers to rush for more than 1,000 yards each. He was first-team all-Capital District.

What you didn't know: "I like to read." Favorites include sports and historical biographies.

Michael Moore **School:** L.C. Bird **Year:** Senior **Position:** Guard **Ht/Wt:** 6-0, 180

The skinny: Undersized but blessed with quick feet, technical skill and toughness. Moore led the line with 51 pancake blocks and was a first-team all-Dominion District selection. He and his line mates opened holes for Yahkee Johnson to become Bird's first single season 2,000-yard rusher.

What you didn't know: "I started playing sports when I was 4, and I've always been a lineman."

Jake Goins **School:** Manchester **Year:** Senior **Position:** Tackle **Ht/Wt:** 6-5, 285

The skinny: Goins is headed to Virginia Tech after a year in which he was a first-team all-Dominion District (second year in a row) and all-Central Region pick. Manchester's line gave RB Brandon Chiles room to rush for more than 1,000 yards for the third year in a row.

What you didn't know: "I like Katie Perry."

Irabor Imobisa **School:** Meadowbrook **Year:** Senior **Position:** Tackle **Ht/Wt:** 6-3, 300

The skinny: The Monarchs' two-time All-Metro running back Domico Phillips led the Central Region in rushing this season with more than 2,000 yards running behind Imobisa, who will be in a University of Richmond uniform next season. Imobisa was named first-team all-Central District.

What you didn't know: "I worked at Putt-Putt Fun Center."

Trey Gardner **School:** Dinwiddie **Year:** Senior **Position:** Tight end **Ht/Wt:** 6-6, 210

The skinny: Tough on defenders because of his height, Gardner caught 28 passes for 507 yards and six touchdowns despite missing a couple of games. His blocking helped spring RB Andre Thweatt and QB Chris Hall for more than 1,000 yards rushing each.

What you didn't know: Writes his football emotions in poetry.

Anthony Brown **School:** Monacan **Year:** Senior **Position:** Wide receiver **Ht/Wt:** 6-2, 185

The skinny: A standout basketball player, Brown caught 25 passes for 701 yards, an average of 28 yards per catch. He caught 10 TD passes. He did double duty as a DB and was in on 40 tackles and had four interceptions.

What you didn't know: "I live in a group home."

Drakar Harvell **School:** Dinwiddie **Year:** Junior **Position:** Wide receiver **Ht/Wt:** 6-0, 190

The skinny: Harvell is another in what has become a line of quality receivers at Dinwiddie. One of only three juniors on the first team offense, he caught 42 passes for 701 yards and six TDs. He returned a kickoff for a TD and averaged 96.6 all-purpose yards per game. He was first-team all-Central District and all-Central Region.

What you didn't know: "I like to smile when I'm mad."

Josh Ingram **School:** Powhatan **Year:** Senior **Position:** Wide receiver **Ht/Wt:** 5-10, 160

The skinny: When the Indians' running attack drew too much attention, Ingram was there to make opponents pay. He was selected first-team all-Southside District and all-Region I after a season in which he caught 42 passes for 776 yards and 12 touchdowns.

What you didn't know: "I like to hunt (deer) with my dad."

Keith Johnson School: Petersburg **Year:** Senior **Position:** Wide receiver **Ht/Wt:** 6-0, 173

The skinny: Johnson was a two-way star for the Wave and earned all-Central District first-team honors as a receiver and defensive back. He was first-team all-Central Region as a WR and all-academic on both levels. He caught 28 passes for 561 yard and four TDs. He intercepted four passes in addition to 13 pass break ups and 38 tackles. Johnson is headed to the University of Richmond.

What you didn't know: "I listen to Young Jeezy and Trey Songz before games."

Deane Cheatham School: Hanover **Year:** Senior **Position:** Running back **Ht/Wt:** 6-1, 230

The skinny: A repeat first-team All-Metro selection, Cheatham was even better this season. He rushed for 1,590 yards and 27 touchdowns with his powerful, hard-nosed style. He caught a TD pass and averaged 149.7 all-purpose yards per game. He was first-team all-Capital District and all-Central Region.

What you didn't know: "I've had a back injury all year and a couple of sprained ankles."

Brandon Chiles School: Manchester **Year:** Senior **Position:** Running back **Ht/Wt:** 5-5, 150

The skinny: Chiles moves up from last year's second team after compiling his third consecutive season of more than 1,000 yards rushing. He carried the ball 225 times for 1,383 yards and 21 TDs. Third on Manchester's career rushing and scoring lists, Chiles was a three-time all-Dominion District first-teamer.

What you didn't know: "I used to be a bad driver. I hit my coach's truck during driver's ed."

Yahkee Johnson School: L.C. Bird **Year:** Junior **Position:** Running back **Ht/Wt:** 5-5, 160

The skinny: As many productive running backs as L.C. Bird has produced, none accomplished what Johnson did: rush for more than 2,000 yards in a single season. Diminutive but effective running between the tackles, he broke every single season school rushing record. He carried the ball 264 times for 2,001 yards and scored 24 TDs. He caught two TD passes. He was the Dominion District offensive player of the year and first-team all-Central Region.

What you didn't know: "I always put God first in everything I do. With him is hard, but without him is impossible."

Domico Phillips **School:** Meadowbrook **Year:** Senior **Position:** Running back **Ht/Wt:** 5-6, 165

The skinny: Phillips is a first-team All-Metro selection for the second year in a row after leading the region in rushing with 2,026 yards on 218 carries. He scored 20 touchdowns and was a first-team all-Central District and all-Central selection the past two seasons.

What you didn't know: "I shoot music videos."

Chris Hall **School:** Dinwiddie **Year:** Senior **Position:** Quarterback **Ht/Wt:** 6-5, 230

The skinny: Hall, who has signed with Virginia Tech, became a master at running the Generals' hurry-up offense. The Central District offensive player of the year produced 3,124 yards of total offense. He rushed 188 times for 1,056 yards and 21 TDs and connected on 144 of 271 passes for 2,068 yards, 18 TDs and 11 interceptions.

What you didn't know: He has bowled two perfect games.

Brendon Riddick **School:** Hermitage **Year:** Senior **Position:** Quarterback **Ht/Wt:** 6-1, 205

The skinny: The Colonial District, Central Region and Times-Dispatch player of the year was the Panthers' offense. He rushed 230 times for 1,281 yards and 15 touchdowns and connected on 92 of 174 passes for 1,446 yards, 21 TDs and nine interceptions. Riddick is Hermitage's second-leading career rusher in Patrick Kane's 10 years as head coach.

What you didn't know: "I like to watch soccer. I'm a Manchester United fan."

Kevin Green **School:** Petersburg **Year:** Senior **Position:** Utility **Ht/Wt:** 6-3, 205

The skinny: Green is headed to U.Va., where he likely will play defense. He set a school and Central Region single-game passing record of 502 yards (on a bad leg) in a playoff loss to Hanover. In nine games, he rushed 130 times for 752 yards, 15 TDs and eight two-point conversions. He threw for 1,507 yards, seven TDs and 11 interceptions and was first-team all-Central District and all-Central Region.

What you didn't know: "I listen to Trey Songz to get ready for games (football and basketball)."

Colby Cooke **School:** Goochland **Year:** Junior **Position:** Place kicker **Ht/Wt:** 6-3, 175

The skinny: The Jefferson District first-team kicker two years in a row, Cooke connected on 10 of 12 field goals with a long of 47 yards. His misses were from 45 and 52 yards. In 52 kickoffs, he had 27 touchbacks. He moves up from second-team All-Metro (and all-state) last year and is on numerous college recruiters' lists.

What you didn't know: "I sing in the shower."

SECOND TEAM

Center: Hunter Lee, Hanover, 6-2, 240, Sr. **Guards:** Alex Mosley, Highland Springs, 6-3, 265, Sr.; Sam Tetterton, Manchester, 6-2, 245, Sr. **Tackles:** Jay Jackson, Powhatan, 6-4, 250, Sr.; Trevor Jenkins, Goochland, 6-5, 285, Sr. **Tight end:** Scott Davis, Mills Godwin, 6-4, 235, Sr. **Wide receivers:** Rutherford Moore, Collegiate, 6-0, 170, Sr.; R.J. Price, Atlee, 6-0, 185, Sr.; Darius Simpson, 6-0, 185, Sr.; Chance Stone, 5-11, 180, Sr. **Running backs:** Dion Berry, Powhatan, 5-8, 149, Sr.; DeChavon Hayes, Varina, 5-10, 170, Sr.; Storm Parker, New Kent, 5-9, 175, Jr.; Andre Thweatt, Dinwiddie, 5-5, 170, Sr.. **Quarterback:** Sam Rogers, Hanover, 5-11, 200, So. **Utility:** Deon Watts, Blessed Sacrament Huguenot, 6-0, 211, Sr. **Place kicker:** John Stiebel, Hermitage, 5-10, 160, So.

HONORABLE MENTION

OFFENSE

Center: Taquan Kates, Dinwiddie, Jr.; **Guard:** Kevin Jennings, Hermitage, Jr.; **Tackles:** Jasper Coleman, James River, Sr.; Augie Conte, Blessed Sacrament Huguenot, Jr.; Sam Hartman, Thomas Dale, Sr.; Preston Jeter, Hermitage, Sr.; Trey Shelton, L.C. Bird, Sr.; Denny Vaughan, Dinwiddie, Sr.; Sal Volo, Hanover, Sr.

Tight ends: Jevonte Jones, L.C. Bird, Sr.; DaVaughn Lampkin, John Marshall, Sr.; Blake Underdown, Hanover, Sr.

Wide receivers: Desmond Fry, Thomas Dale, Jr.; Jainard Lambert, Cosby, Jr.; Charley Meyer, Benedictine, Jr.; Willie Pugh, Manchester, Sr.; Shaq Williams, Atlee, Sr. **Running backs:** Emmitt Atkins, Lee-Davis, Sr.; Dashon Bowen, Hopewell, Jr.; Evan Hinkle, Deep Run, So.; Kevon White, James River, Sr. **Quarterbacks:** Drew Ferguson, Atlee, Sr.; David Geary, Benedictine, Jr.; Lewis Redman, King William, Sr.; Kurt Taylor,

Powhatan, Sr.; Wilton Speight, Collegiate, So.; Rob Vozenilek, St. Christopher's, Sr. **Utility:** D.J. Johnson, King William, Jr.; Kenny Mock, Patrick Henry, Sr.; Treyvon Robinson, Henrico, Sr. **Place kickers:** Anthony Prevost, Thomas Dale, Jr.; Joseph Pulisic, Atlee, Jr.; Nathan Temple, Blessed Sacrament Huguenot, Sr.

Times-Dispatch 2010 All-Metro football defensive team

Thompson Brown **School:** St. Christopher's **Year:** Senior **Position:** Defensive end **Ht/Wt:** 6-4, 225

The skinny: U.Va.-bound Brown earned all-state and all-Prep League honors after logging 93 total tackles, including nine sacks and four tackles for losses. He also had an interception. His conversion to tight end on offense was so successful (21 catches, 4 TDs) that Virginia will give him a look there as well.

What you didn't know: "I have four [older] brothers."

Corey Marshall **School:** Dinwiddie **Year:** Senior **Position:** Defensive end **Ht/Wt:** 6-2, 250

The skinny: Headed to Virginia Tech, Marshall repeats as a first-team All-Metro pick. He was the Generals' leading tackler and playmaker with 122 total tackles, including 27 for losses and 14 sacks. He was credited with 19 QB hurries and caused six fumbles. He was Central District defensive player of the year. He also excelled at guard on offense.

What you didn't know: "I plan to major in journalism at Virginia Tech."

J.P. Pearson **School:** Manchester **Year:** Senior **Position:** Defensive end **Ht/Wt:** 6-0, 225

The skinny: The Lancers' best defender was first-team all-Dominion District for three years. Among his 85 tackles were 39 for losses. He had 13 sacks.

What you didn't know: "I watch a lot of cartoons."

Mo Gross **School:** Clover Hill **Year:** Senior **Position:** Down lineman **Ht/Wt:** 6-1, 320

The skinny: Moves up from last year's second-team All-Metro. He logged 70 tackles, including 22 for losses. He had eight sacks, recovered three fumbles and forced three fumbles to earn all-Dominion District and all-Central Region first-team honors.

What you didn't know: "I'm a jovial giant off the field." And he can cook, too.

Joquan Roney **School:** Hermitage **Year:** Senior **Position:** Down lineman **Ht/Wt:** 5-11, 250

The skinny: The Panthers' second-leading tackler for a defense that allowed the fewest points in the region in the regular season, Roney collected 24 tackles for losses among his 100 total tackles. He had two sacks and knocked down four passes. He was first-team all-district and all-region.

What you didn't know: "I'm sensitive ... sometimes."

Deon Clarke **School:** L.C. Bird **Year:** Junior **Position:** Linebacker **Ht/Wt:** 6-2, 215

The skinny: Clarke was a first-team all-Dominion District and all-Central Region selection for the third year in a row and was the district defensive player of the year. He led the Skyhawks in tackles (98), tackles for losses (19) and sacks (14). He caused three fumbles and recovered two. He was credited with 16 QB hurries and seven pass breakups.

What you didn't know: "When I first started playing (6th grade), I asked to play middle linebacker [instead of being assigned a position]."

Josh Doggett **School:** Atlee **Year:** Senior **Position:** Linebacker **Ht/Wt:** 6-0, 225

The skinny: One of the most dominant players in the Central Region for four years, Doggett was in on 128 tackles and had two interceptions. He was first-team All-Metro last year and second-team All-Metro as a sophomore. He is Atlee's career tackles leader.

What you didn't know: "I grew up in Staunton. If I hadn't moved, I would have gone to the same high school [R.E. Lee] that Coach [Roscoe] Johnson went to."

Curtis Grant **School:** Hermitage **Year:** Senior **Position:** Linebacker **Ht/Wt:** 6-3, 230

The skinny: One of the most sought after players in the country, Grant is a three-time All-Metro first-team choice. He was the T-D defensive player of the year last season and was the defensive POY in the Colonial District (second time) and Central Region this season. He was credited with 134 total tackles, including nine for losses and six sacks. He is No. 1 on the Panthers' career tackles list (435, which is 150 more than No. 2).

What you didn't know: "I like to hunt and fish."

John Moore **School:** Blessed Sac. Huguenot **Year:** Senior **Position:** Linebacker **Ht/Wt:** 6-0, 211

The skinny: Moore teamed with Deon Watts to lead the Knights to a second consecutive VIS division state title. Moore is an all-state linebacker for the second year in a row and was VCC player of the year. He was in on 105 tackles and is the school's all-time leading tackler. In addition, he rushed 108 times for 1,177 yards and 24 TDs and returned two punts for TDs.

What you didn't know: "I hate snakes."

Marzae Brooks **School:** Hanover **Year:** Senior **Position:** Defensive back **Ht/Wt:** 5-11, 210

The skinny: Brooks is a first-team all-Capital District and all-Central Region defender for the Hawks, who played in their fourth consecutive region title game. He was in on 60 tackles, including seven for losses. He intercepted five passes, broke up 10, recovered three fumbles and scored two defensive TDs.

What you didn't know: "I'm really into all kinds of music."

Joel Caleb **School:** Clover Hill **Year:** Junior **Position:** Defensive back **Ht/Wt:** 6-2, 205

The skinny: A major blip on college recruiters' radars, Caleb excelled on both sides of the ball. As a safety, he locked down the middle of the field. He had 26 solo tackles, picked off a pass and had five break ups. Caleb produced 2,156 yards of total offense at QB and accounted for 28 touchdowns.

What you didn't know: "Growing up, I wanted to be a preacher."

Anthony Harris **School:** L.C. Bird **Year:** Senior **Position:** Defensive back **Ht/Wt:** 6-3, 190

The skinny: Displaying his skills on both sides of the ball, the U.Va. recruit repeats as a first-team All-Metro DB. Harris, a first-team all-state performer as a junior, wasn't tested much this season but collected five interceptions, broke up nine passes and was in on 31 tackles, including six for losses. In two seasons, he didn't lose a regular-season game as the starting QB. He ran for eight TDs, passed for 11 and caught two TD passes.

What you didn't know: "I started playing football at G.H. Reid Recreation Association." He was 9.

Brandon Taylor School: Dinwiddie **Year:** Senior **Position:** Defensive back **Ht/Wt:** 5-7, 175

The skinny: The Generals' third-leading tackler, Taylor was in on 102 tackles, including three for losses. He had four interceptions, broke up 12 passes and recovered a fumble. He was a first-team all-district selection.

What you didn't know: He is tied for second in his class academically with his brother Joseph, who also is on the football team.

Thomas Meadows School: Goochland **Year:** Junior **Position:** Defensive back **Ht/Wt:** 5-10, 175

The skinny: Meadows, a first-team all-Jefferson District pick, is being actively recruited by Division I schools. He averaged 37 yards on 17 punts. Opponents had only six yards worth of punt returns for the season because of the height and hang time of his punts.

What you didn't know: "My work ethic. People really only get to see what goes on during the season, but I make it my job to further my skills in the offseason when no one is watching. I owe a lot to what I've accomplished to my constant practice."

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Limberger, Thomas Dale, Sr.; Christian Norton, Deep Run, Sr.; Terrell Starkey, Highland Springs, Sr.; Kenneth Wagstaff, Hermitage, Sr. **Defensive backs:** Ben McSweeney, Benedictine, Sr.; Tyler Moody, Lee-Davis, Sr.; Darius Priest, Hopewell, Jr.; Kendal Squire, Benedictine, Sr.; Cameron Strozier, Thomas Dale, Sr.; Blaize Torrence, Henrico, Sr.; Garrett Walker, Deep Run, Sr.; K.J. Weatherspoon, Hanover, Sr.; Shamel White, Hermitage, Sr.

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