

## **ALL-REGION VOLLEYBALL CENTRAL REGION BOYS**

**First team** : Matt Harper, Matoaca; Ben Morrison, Cosby; George Moore, Highland Springs; Mitch Dintaman, Deep Run; Robert Chilcoat, Atlee; Alex Haley, Deep Run. Libero: Thomas Poulos, Deep Run.

**Player of the year** : Matt Harper, Matoaca.

**Coach of the year** : Frank Jenkins, Cosby.

**Second team** : Nathan Manley, Douglas Freeman; Kody Tingler, Atlee; Jake McCall, Thomas Dale; Darren Kilby, James River; Tanner Clark, Douglas Freeman; Ethan Bickford, Matoaca. Libero: Adam Sowder, Cosby.

**All-academic** : Morrison, Moore, Dintaman, Chilcoat, Haley, Poulos, Manley, Tingler, McCall, Kilby, Clark, Bickford, Sowder; Nick Allen, Hanover; Kyle Rodgers, Atlee; Colton Powell, Lee-Davis; Ryan Clapman, Matoaca; Logan Webb, Maggie Walker GS; Reid Moseley, Colonial Heights.

## **GIRLS**

**First team** : Chaney LaReau, Deep Run; Gabrielle Holt, Cosby; Karlie Suber, Atlee; Sarah Long, Midlothian; Hailey Brooks, Atlee; Suzy Rosser, Deep Run. Libero: Megan Reichert, Midlothian.

**Player of the year** : Chaney LaReau, Deep Run.

**Coach of the year** : Curtis Carpenter, Atlee.

**Second team** : Lindsay Bauer, Colonial Heights; Maddie Wood, Mills Godwin; Logan Majewski, Hanover; Jessica Nelms, Maggie Walker GS; Courtney Booth, Atlee; Ashley Dintaman, Deep Run; Lauren Biagioli, Clover Hill. Libero: Emily Rebuck.

**All-academic** : LaReau, Holt, Suber, Long, Brooks, Rosser, Reichert, Bauer, Wood, Majewski, Nelms, Booth, Dintaman, Biagioli, Rebuck, Megan Knickerbocker, Thomas Dale; Megan Payne, Douglas Freeman; Jessica Underwood, Monacan; Carol Pyszkowski, James River; Lauren Reichert, Clover Hill; Shawna Kirby, Hanover.