

All-Metro girls track

Long jump: 1. Nikki Nunn, Manchester, 19.5½; 2. Sarah Fulgham, Thomas Dale, 17.11½; 3. Candice Hairston, Manchester, 17-7; 4. Lizzie Powell, Patrick Henry, 17-6; 5. Shanice Goode, Meadowbrook, 17-6; 6. Tori Fubara, Deep Run, 17-5¾; 7. Katea Jemmott, Thomas Dale, 17-5½; 8. Neena Maizels, Collegiate, 17-4¾

Triple jump: 1. Sarah Fulgham, Thomas Dale, 38-2; 2. Crissy Hall, Douglas Freeman, 37-2; 3. Nikki Nunn, Manchester, 37-1½; 4. Kala Page, Atlee, 36-4; 5. Jazmine Brown, Varina, 36-1½; 6. Maya Ihejerik, Henrico, 36-0; 7. Katea Jemmott, Thomas Dale, 35-11½; 8. Kelsey Phillips, Mills Godwin, 35-9¾

High jump: 1. Sherhae Holloway, Highland Springs, 5-6; 2. Kyra Coleman, Highland Springs, 5-4; 3. Ariel Barlow, Armstrong, 5-3; 4. Montasia Golden, Lee-Davis, 5-2; 5. Sarah Fulgham, Thomas Dale, 5-2; 6. Kala Page, Atlee, 5-2; 7. Taylor Reynolds, Thomas Dale, 5-2; 8. Katie Minczuk, Cosby, 5-0; Megan Bondi, Patrick Henry, 5-0; Lauren Schoenborn, Douglas Freeman, 5-0; Ciarra Morris, Meadowbrook, 5-0; Laura Holmes, James River, 5-0; Kristen Trice, Deep Run, 5-0

Pole vault: 1. Lizzie Powell, Patrick Henry, 13-3; 2. Stephanie Oleson, 12-7; 3. Cameron Overstreet, Atlee, 12-3; 4. Sydney Hobart, Patrick Henry, 11-3; 5. Haley Sellers, Patrick Henry, 9-9; 6. Taylor Miller, St. Catherine's, 9-6; 7. Lissie Baker, St. Catherine's, 9-0; 8. Claire Williams, Maggie Walker GS, 9-0

Shot put: 1. Alyssa Isham, Prince George, 37-4¼; 2. Briana Arrington, Meadowbrook, 37-1½; 3. Kristen Greene, Thomas Dale, 36-8; 4. Kortney Williams, Thomas Dale, 36-8; 5. Rachel Mathews, Midlothian, 36-6¾; 6. Bria Harris, Henrico, 36-4; 7. Madison Pachner, Hanover, 36-1¼; 8. Catherine Tucker, Dinwiddie, 36-0½

Discus: 1. Alyssa Isham, Prince George, 123-2; 2. Madison Pachner, Hanover, 118-10; 3. Courtney Burruss, J.R. Tucker, 116-3; 4. Kristen Greene, Thomas Dale, 114-8; 5. Latticia Moore, Prince George, 112-9; 6. Brianca Washington, Prince George, 110-9; 7. Kortney Williams, Thomas Dale, 110-2; 8. Ashley Gay, James River, 110-1

3,200 relay: 1. Midlothian (Claire Benjamin, Marie Johnston, Amy Witt, Kathleen Lautzenheiser) 9:15.92; 2. Deep Run, 9:22.97; 3. Lee-Davis, 9:32.99; 4. Cosby, 9:36.71; 5. Prince George, 9:45.08; 6. Hanover, 9:46.96; 7. Maggie Walker GS, 9:47.82; 8. Mills Godwin, 9:48.55

100 hurdles: 1. Montasia Golden, Lee-Davis, 14.37; 2. Shaniquia Epps, Hermitage, 14.64; 3. Jessica Shelton, Patrick Henry, 15.02; 4. Mackenzie Scott, Hanover, 15.30; 5. Ann O'Toole, Atlee, 15.37; 6. Malisa Dang, Clover Hill, 15.40; 7. Brie Jackson, Lee-Davis, 15.52; 8. Hannah Myers, Collegiate, 15.72

100 dash: 1. Torie Cunningham, Meadowbrook, 11.94; 2. Mary Allen, John Marshall, 11.98; 3. Shyra Molton, Patrick Henry, 12.06; 4. Breanna Taylor, John Marshall, 12.14; 5. Katea Jemmott, Thomas Dale, 12.18; 6. Shaniquia Epps, Hermitage, 12.43; 7. Angela Harris, Meadowbrook, 12.53; 8. Ivory Banks, Cosby, 12.57

1,600: 1. Kathleen Lautzenheiser, Midlothian, 4:54.76; 2. Courtney Dobbs, Deep Run, 4:55.59; 3. Erica Dobbs, Deep Run, 4:55.61; 4. Megan Moye, Cosby, 5:03.25; 5. Amy Witt, Midlothian, 5:03.31; 6. Madalyn Nuckols, Deep Run, 5:04.62; 7. Anna Spiers, Maggie Walker GS, 5:06.53; 8. Amanda Lineberry, Lee-Davis, 5:07.82

400 relay: 1. Meadowbrook (Angela Harris, Jasmaine Smith, Torie Cunningham, Ciarra Morris) 47.57; 2. Thomas Dale, 48.57; 3. Patrick Henry, 48.97; 4. John Marshall, 49.66; 5. Atlee, 49.84; 6. Lee-Davis, 49.84; 7. Manchester, 50.09; 8. Henrico, 50.20

400: 1. April Wilson, Thomas Dale, 57.14; 2. Kyra Coleman, Highland Springs, 57.20; 3. Desi Scott, Prince George, 57.47; 4. Claire Tito, J.R. Tucker, 57.85; 5. Mary Allen, John Marshall, 58.08; 6. Faith Sykes, L.C. Bird, 58.20; 7. Jordan Stokes, Trinity Episcopal, 58.55; 8. Ellyn Hopper, Douglas Freeman, 58.74

300 hurdles: 1. Montasia Golden, Lee-Davis, 44.38; 2. Alea Stevens, Armstrong, 45.55; 3. Ann O'Toole, Atlee, 45.83; 4. Latisha Pryor, John Marshall, 45.84; 5. Tyeshia Govans, Prince George, 46.58; 6. Mackenzie Scott, Hanover, 46.59; 7. Shaniquia Epps, Hermitage, 46.80; 8. Brie Jackson, Lee-Davis, 47.50

800: 1. Desi Scott, Prince George, 2:14.02; 2. Taylor Clevinger, St. Catherine's, 2:14.77; 3. Anna Spiers, Maggie Walker GS, 2:15.22; 4. Marie Johnston, Midlothian, 2:16.00; 5. Amanda Lineberry, Lee-Davis, 2:17.47; 6. Kathleen Lautzenheiser, Midlothian, 2:18.49; 7. Tiel Westbrook, Lee-Davis, 2:18.50; 8. Courtney Dobbs, Deep Run, 2:18.56

200: 1. Torie Cunningham, Meadowbrook, 24.66; 2. Mary Allen, John Marshall, 24.73; 3. Shyra Molton, Patrick Henry, 24.79; 4. Ciarra Morris, Meadowbrook, 24.94; 5. Breanna Taylor, John Marshall, 25.13; 6. Katea Jemmott, Thomas Dale, 25.62; 7. Elizabeth Harper, Varina, 25.67; 8. Leah Richardson, Dinwiddie, 25.68

3,200: 1. Courtney Dobbs, Deep Run, 10:36.69; 2. Kathleen Lautzenheiser, Midlothian, 10:41.68; 3. Madalyn Nuckols, Deep Run, 10:45.43; 4. Stephanie Cario, Lee-Davis, 11:00.62; 5. Megan Moye, Cosby, 11:01.04; 6. Bonny Turnage, Lee-Davis, 11:08.28; 7. Claire Benjamin, Midlothian, 11:15.68; 8. Kaila Blackburn, Monacan, 11:17.54

1,600 relay: 1. Lee-Davis (Brie Jackson, Tiel Westbrook, Rachel Chudoba, Amanda Lineberry) 4:00.68; 2. Cosby, 4:01.46; 3. Douglas Freeman, 4:01.90; 4. John Marshall, 4:03.32; 5. Armstrong, 4:07.15; 6. Atlee, 4:07.66; 7. Varina, 4:07.80; 8. St. Catherine's, 4:07.82