

All-Metro boys track

Long jump: 1. Quintin Fulgham, Thomas Dale, 24-4½; 2. Domico Phillips, Meadowbrook, 23-3½; 3. Jamarian Bates, Matoaca, 23-1¾; 4. Ethan Fowlkes, New Kent, 23-1; 5. Derick Thomas, Hermitage, 22-10¾; 6. Michael Brooks-Richardson, Henrico, 22-8¾; 7. Cody Simmons, New Kent, 22-8; 8. Sharmari Rose, Petersburg, 22-5¼

Triple jump: 1. Quintin Fulgham, Thomas Dale, 48-0¼; 2. Garrett Tyler, Meadowbrook, 46-5¾; 3. Tony Green, Patrick Henry, 46-5¼; 4. Quintaze Jackson, Dinwiddie, 45-6½; 5. Tory Scott, Mills Godwin, 45-2¼; 6. Jeremy Jones, L.C. Bird, 44-11¼; 7. Matthew Ross, Highland Springs, 44-10; 8. Derick Thomas, Hermitage, 44-7¾

High jump: 1. Shawn Minor, Powhatan, 6-10; 2. Garrett Tyler, Meadowbrook, 6-10; 3. Brandon Henry, Goochland, 6-6; 4. Adam Otey, Highland Springs, 6-6; 5. Quentin Moore, Highland Springs, 6-6; 6. Nick Simmons, J.R. Tucker, 6-5; 7. Isaiah Cox, Matoaca, 6-4; 8. Marques Atkinson, Atlee, 6-4

Pole vault: 1. Eric Zwarycz, Mills Godwin, 15-2; 2. Chris Pillow, Atlee, 15-1; 3. Scott Ellwood, Atlee, 13-6; 4. Matthew Moliterno, Maggie Walker GS, 13-0; 5. Charles Parsons, New Kent, 12-9; 6. John Tomlin, Maggie Walker GS, 12-6; 7. Trey Rydel, Atlee, 12-6; 8. Matt Thompson, Atlee, 12-6

Shot put: 1. Sulaiman Fareed, Highland Springs, 58-8¾; 2. Jan Jeuschede, Woodberry Forest, 55-7; 3. Wes Valentine, Deep Run, 55-6½; 4. Thomas Fuson, Deep Run, 54-10½; 5. Christopher Lusk, Cosby, 54-7; 6. Sam Hartman, Thomas Dale, 54-5½; 7. Derrick Hopkins, Highland Springs, 53-4; 8. Tevin Hanley, Meadowbrook, 50-7

Discus: 1. DuShaun Thompson, Meadowbrook, 165-9; 2. Thomas Fuson, Deep Run, 161-1; 3. Hunter Brooks, Atlee, 152-1; 4. Wes Valentine, Deep Run, 149-1; 5. Thomas Hughett, Douglas Freeman, 145-0; 6. Marzae Brooks, Hanover, 144-10; 7. Alex Martin, James River, 144-8; 8. Sulaiman Fareed, Highland Springs, 143-11

3,200 relay: 1. Collegiate (Wes Butler, Scott Newton, David Allen, Cabell Willis) 7:57.53; 2. Atlee 7:59.99; 3. James River, 8:04.57; 4. Lee-Davis, 8:05.62; 5. St. Christopher's, 8:10.10; 6. Mills Godwin, 8:11.07; 7. Midlothian, 8:13.97; 8. L.C. Bird 8:14.13

110 hurdles: 1. Tony Green, Patrick Henry, 14.23; 2. DreQuan Hoskey, Henrico, 14.25; 3. Devron Harris, Manchester, 14.60; 4. Brad Carnahan, Deep Run, 14.67; 5. Joshua Rymer, Cosby, 14.85; 6. Jameal Harris, Matoaca, 14.90; 7. Danny Stoneback, Colonial Heights, 14.91; 8. Marques Atkinson, Atlee, 14.95

100 dash: 1. Quintin Fulgham, Thomas Dale, 10.77; 2. Hiter Harris, St. Christopher's, 10.80; 3. Lorenzo Fields, Thomas Dale, 10.81; 4. Deshawn Holmes, Highland Springs, 10.82; 5. Keith Johnson, Petersburg, 10.88; 6. Domico Phillips, Meadowbrook, 11.03; 7. Trevor Elie, Atlee, 11.05; 8. Trey Johnson, Varina, 11.07

1,600: 1. Cabell Willis, Collegiate, 4:12.17; 2. Brayden Burleigh, Midlothian, 4:17.48; 3. Ted Richardson, James River, 4:17.73; 4. Grant Pollock, Mills Godwin, 4:18.85; 5. Cody Snyder, Lee-Davis, 4:22.01; 6. Evan Niciphor, Cosby, 4:22.90; 7. Silas Frantz, Douglas Freeman, 4:23.33; 8. Andre McLean, L.C. Bird, 4:25.25

400 relay: 1. John Marshall (Keion Barmoh, Tyler Jones, Sherrod King, Garth Bowen) 42.36; 2. New Kent, 42.51; 3. Thomas Dale, 42.65; 4. Petersburg, 42.88; 5. Meadowbrook, 43.16; 6. Lee-Davis, 43.18; 7. Highland Springs, 43.31; 8. L.C. Bird, 43.59

400: 1. Byron Robinson, Thomas Dale, 48.64; 2. Anthony Finney, Varina, 48.87; 3. Marques Atkinson, Atlee, 49.07; 4. Andre' Redd, Cosby, 49.96; 5. Rex Owusu, Mills Godwin, 49.88; 6. Ajani Kingslow, Cosby, 49.99; 7. Michael J. Atkinson, Atlee, 50.05; 8. Garth Bowen, John Marshall, 50.14

300 hurdles: 1. Marques Atkinson, Atlee, 38.27; 2. Joshua Rymer, Cosby, 38.30; 3. DreQuan Hoskey, Henrico, 38.51; 4. Tyler Jones, John Marshall, 38.53; 5. Tony Green, Patrick Henry, 39.10; 6. Brad Carnahan, Deep Run, 39.29; 7. Tareek Folsom, Highland Springs, 39.71; 8. Carrington Clark, Henrico, 40.05

800: 1. Keith Crawford, Huguenot, 1:54.67; 2. Cabell Willis, Collegiate, 1:56.51; 3. Jake Zimmerman, L.C. Bird, 1:56.55; 4. Cody Snyder, Lee-Davis, 1:57.03; 5. Marques Atkinson, Atlee, 1:57.43; 6. Daniel Novak, Deep Run, 1:57.87; 7. Sam Fort, Prince George, 1:58.03; 8. Brayden Burleigh, Midlothian, 1:58.19

200: 1. Quintin Fulgham, Thomas Dale, 21.86; 2. Hiter Harris, St. Christopher's, 21.88; 3. Deshawn Holmes, Highland Springs, 21.91; 4. Anthony Finney, Varina, 22.01; 5. Lorenzo Fields, Thomas Dale, 22.03; 6. Cory Dunn, New Kent, 22.21; 7. Keith Johnson, Petersburg, 22.26; 8. Garth Bowen, John Marshall, 22.27

3,200: 1. Ted Richardson, James River, 9:10.46; 2. Brayden Burleigh, Midlothian, 9:15.11; 3. Cabell Willis, Collegiate, 9:18.82; 4. Silas Frantz, Douglas Freeman, 9:30.49; 5. Andrew Catanese, Atlee, 9:32.72; 6. Scott Newton, Collegiate, 9:33.66; 7. Andre McLean, L.C. Bird, 9:38.86; 8. Evan Niciphor, Cosby, 9:39.32

1,600 relay: 1. Cosby (Andre Redd, Ajani Kingslow, Chris Miller, Joshua Rymer) 3:20.74; 2. Atlee, 3:21.20; 3. John Marshall, 3:21.58; 4. Henrico, 3:23.17; 5. Highland Springs, 3:27.37; 6. New Kent, 3:27.53; 7. Lee-Davis, 3:28.16; 8. Varina, 3:28.45