
All-Metro boys soccer team

First Team

Dylan Bowman

School: James River

Year: Senior

Position: Midfield

The skinny: Teamed with Nate Shiffman to give the Rapids a formidable midfield. Bowman scored 12 goals and had 10 assists and created chances for his teammates. He was first-team all-Dominion District, all-Central Region and all-state (VHSCA). The class salutatorian, he is headed to Princeton.

Russell Bootwright

School: Mills Godwin

Year: Senior

Position: Midfield

The skinny: A repeat first-team All-Metro selection. Opponents have to know where Bootwright is. He boosted his offensive production to 14 goals and eight assists for the Central Region runner-up. He was the Colonial District player of the year and first-team all-region. He will play soccer in college at California University of Pennsylvania.

One possession he can't do without: "My stuffed animal dog, Dog-Dog."

Favorite food: "Turkey taco nachos."

Johnny Bustillo

School: Meadowbrook

Year: Senior

Position: Midfield

The skinny: Bustillo was the hub through which the Monarchs passed. He is Meadowbrook's first first-team All-Metro selection. An excellent passer, he contributed 12 assists in addition to scoring seven goals. He was first-team all-Central District, all-Central Region and all-state (VHSCA) and will continue in his career at N.C. Wesleyan.

If he had one wish, it would be: "Celebrate a goal in front of 100,000 people in a stadium."

Noah Davis

School: Cosby

Year: Junior

Position: Midfield

The skinny: Davis' job description was play every minute, control the Titans' attack and not worry about scoring. That's what he did for a team loaded with younger players. He didn't score a goal, but he was first-team all-Dominion District and all-Central Region.

Favorite food: "Bottoms Up pizza."

Andrew Elliott

School: Collegiate

Year: Junior

Position: Defender

The skinny: The Prep League selected a player of the year for the first time, and Elliott was the recipient. He scored three goals and had an assist, but it was his play on defense that drew attention. He was chosen for the VISAA all-state team.

If he had one wish, it would be: "Win a state championship." The Cougars' soccer team will have a shot at it in fall. Elliott played in the top six on Collegiate's state-title winning tennis team this spring.

Bill Groben

School: Thomas Dale

Year: Senior

Position: Goalkeeper

The skinny: Groben was the Knights' goalkeeper for four years. Dale won the Central District title each year and a Central Region crown in 2008. He logged 59 shutouts in 81 games in his career. He had 13 this year and was first-team all-district and all-region.

If he could travel anywhere, it would be: "Back to Spain [Barcelona]."

Garrett Harvey

School: Mills Godwin

Year: Senior

Position: Defender

The skinny: Harvey was a first-team All-Metro pick as a sophomore at Benedictine and was second team last year at Mills Godwin. A powerful, shutdown defender one on one, he contributed offensively (four goals, three assists) as well. He was first-team all-Colonial District and second-team all-Central Region.

If he could travel anywhere, it would be: "London."

Brandon Hauser

School: Deep Run

Year: Senior

Position: Defender

The skinny: Moves up from last year's second team. Strong one on one and in the air, Hauser will take his talents to the University of Richmond. He was first-team all-Colonial District and second-team all-Central Region for the region champion Wildcats, who advanced to the state semifinals.

If he had one wish, it would be: "Play in the World Cup."

Michael Howard

School: Collegiate

Year: Sophomore

Position: Midfield

The skinny: Though just a sophomore, Howard was the Virginia Independent Schools co-state player of the year. He scored eight goals and had six assists and was selected to the all-Prep League team.

If he had one wish, it would be: "Some snow in Richmond." He made the wish last fall before Richmond received 28 inches of snow during the winter.

Vitto Lauretano

School: Thomas Dale

Year: Senior

Position: Midfield/forward

The skinny: A four-year starter, Lauretano led the Knights to another Central District title. He scored 11 goals and had eight assists. He was first-team all-district and all-Central Region and was second-team all-state (VHSCA). He will play soccer at Radford University.

If he could travel anywhere, it would be: "Milan, Italy."

Bobby McDonnell

School: Deep Run

Year: Senior

Position: Forward

The skinny: McDonnell led the Wildcats with 16 goals and contributed seven assists to the Wildcats' region championship effort. He was first-team all-Colonial District and all-Central Region.

Favorite food: "Chipotle burrito."

Drew Pangraze

School: St. Christopher's

Year: Senior

Position: Midfield

The skinny: Moves up from last year's second team. The Saints play in the fall, and Pangraze was selected to the all-Prep League team and was second-team all-state (VISAA). Missed four games late in the regular season, but was the Saints second-leading scorer (eight goals, four assists). He will try to walk on at Notre Dame.

If he had one wish, it would be: "To play soccer for Notre Dame."

Luis Rendon

School: Cosby

Year: Sophomore

Position: Forward

The skinny: One of two sophomores on the first team, Rendon led the Titans in scoring with 15 goals. He was selected first-team all-Dominion District and all-Central Region and was second-team all-state (VHSCA).

One possession he can't do without: "A soccer ball."

Nate Shiffman

School: James River

Year: Senior

Position: Midfield

The skinny: The Rapids' attack funneled through Shiffman, who was the Dominion District player of the year, a first-team all-Central Region pick and a first-team all-state selection. He scored 14 goals and distributed 10 assists. Shiffman is headed to Virginia Commonwealth University.

One possession he can't do without: "My fluffy white comforter."

Colskon Wiley

School: Collegiate

Year: Junior

Position: Forward

The skinny: The Prep League champion Cougars were the VISAA runners-up last fall. Wiley was all Prep League after scoring 16 goals and contributing five assists.

Favorite food: "Swedish fish."

All-Metro boys soccer second team

Second team

Forwards --

Jordan Boothe, Sr., Atlee;

Ryan Clapman, So., Matoaca;

Chase Farnsworth, Sr., Monacan;
Caleb Lewis, Sr., Lee-Davis;
Tom Maas, Sr., St. Christopher's;
Valeriy Svidersky, So., Mills Godwin;
Todd Wharton, So., Deep Run.

Midfielders --

Bryan Barahona, Jr., Meadowbrook;
Britton Cocke, Sr., Patrick Henry;
Dan Lauretano, So., Thomas Dale;
Matthew Reardon, Sr., Benedictine;
Jonathan Reardon, Sr., Benedictine;
Pops Richards, Sr., Cosby;
Jake Summers, Sr., Deep Run;
Carl Weber, Sr., Deep Run.

Defenders --

Antonio DeOlivera, Sr., Lee-Davis;
Kyle Herman, Sr., Maggie Walker GS;
Ethan Jackson, Sr., St. Christopher's;
Jon Potter, Sr., Mills Godwin;
Justin Pugh, Sr., Monacan.

Keeper --

Daniel Kitchen, Sr., Douglas Freeman.