

2009					
All Central Region Football Team					
First Team Offense					
Center	Dane Smith	Bird	6'	230	Sr
Guard	* - Matt Arkema	Midlo	6'3	290	Sr
Guard	Derrick Hopkins	HSHS	6'	280	Sr
Tackle	* - Conner Davis	DR	6'5	285	Sr
Tackle	Marquis Wallace	Varina	6'4	288	Sr
TE	Mike Dudley	TD	6'4	228	Sr
Wide out	* - Derick Britt	Herm	5'10	170	Sr
Wide out	Quintaze Jackson	Din	6'	175	Sr
Wide out	Wyatt Johnson	HSHS	6'	184	Sr
Wide out	* - Brandon Williams	Bird	6'1	185	Sr
RB	Jacob Bennett	JRT	5'10	195	Sr
RB	Deane Cheatham	Hanover	6'1	215	Jr
RB	Trey Johnson	Varina	5'10	175	Sr
RB	Mico Phillips	MBK	5'7	160	Jr
QB	Andre Coble	MBK	5'11	170	Sr
Utility	* - Anthony Harris	Bird	6'2	180	Jr
Kick Returner	Quintaze Jackson	Din	6'	175	Sr
Place Kicker	* - Stephen Denuel	Cosby	5'11	180	Sr
First Team Defense					
Lineman	Jaron Gross	C.Hill	6'1	310	Jr
Lineman	Blake Jones	Hanover	6'	215	Sr
Lineman	Brian Richardson	TD	6'1	271	Sr
End	Derrick Hopkins	HSHS	6'	280	Sr
End	* - Xavier Myles	Bird	5'10	180	Sr
LB	* - Josh Doggett	Atlee	6'1	220	Jr
LB	Curtis Grant	Herm	6'3	220	Jr
LB	* - Daryl Howell	Herm	6'2	235	sr
LB	Addonis Robinson	Varina	5'10	210	Sr
DB	Airek Green	TD	6'1	198	Sr
DB	* - Anthony Harris	Bird	6'2	180	Jr
DB	Brandon Rogers	Herm	5'10	175	Jr
DB	John Saunders	HSHS	5'10	175	Sr
Punter	* - Hayden Dryer	PH	6'	160	Sr
Punt Returner	Holden Bass	DR	6'2	210	sr
Central Region Coach of the Year					
D-5 Coach	Josh Just	Hanover			
D-6 Coach	Vic Williams	TD			
Central Region Players of the Year					
Player of year	Andre Coble	MBK	5'11	170	Sr
Player of year	Airek Green	TD	6'1	198	Sr

\* - All Academic

<b>2009</b>					
<b>All Central Region Football Team</b>					
<b>Second Team Offense</b>					
Center	* - Ross Petrella	JRT	6'	250	Sr
Guard	* - Greg Gallop	TD	6'1	300	Sr
Guard	* - Aaron Lewis	Herm	6'2	240	Jr
Tackle	* - Spencer Randolph	TD	6'3	298	Sr
Tackle	Quinton Spain	Pete	6'5	349	Sr
TE	* - Jerel Harrison	Varina	6'0	185	Sr
Wide out	Holden Bass	DR	6'2	210	Sr
Wide out	Justin Becker	L-D	5'10	170	Sr
Wide out	Brandon Burton	TD	6'4	174	Sr
Wide out	Bryce Dillon	Cosby	6'	205	Sr
RB	Joel Caleb	C.Hill	6'2	180	Soph
RB	Brandon Chiles	Man	5'6	150	Jr
RB	Mike Edmonds	TD	5'9	195	Sr
RB	Demetrick Jackson	TD	5'10	170	Jr
QB	Jaquan Burchette	HSHS	6'	209	Sr
Utility	Ge'Vonn Young	HSHS	6'	180	Jr
Kick Returner	Trevor Elie	Atlee	5'6	156	Jr
Place Kicker	* - Hatden Dyer	PH	6'	160	Sr
<b>Second Team Defense</b>					
Lineman	* - Alex Mosley	HSHS	6'2	260	Jr
Lineman	JoQuan Roney	Herm	6'	245	Jr
Lineman	Rashad Winston	HSHS	6'1	238	Sr
End	Diamonte Bailey	Herm	6'4	220	Jr
End	Corey Marshall	Din	6'2	255	jr
LB	Drake Evans	TD	5'10	188	Sr
LB	Tevin Handley	MBK	6'	195	Sr
LB	DeShawn Holmes	HSHS	5'10	185	Sr
LB	Melvin Trotter	Mat	5'8	190	Sr
DB	Holden Bass	DR	6'2	210	sr
DB	Terrell Smith	JM	5'11	190	Sr
DB	* - Logan Staib	Mon	6'1	210	Sr
DB	* - Nick Taylor	Varina	5'10	172	Sr
DB	KeVon Wright	MBK	5'11	162	Sr
Punter	Gaige Parolisi	Mat	5'8	180	Jr
Punt Returner	Quintaze Jackson	Din	6'	175	Sr

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Central Region Honorable Mention					
DB	Deandre Allen	Din	5'8	175	Jr
LB	Jason Ampy	Din	5'9	185	Sr
Kick Returner	Jacob Bennett	JRT	5'10	195	Sr
Wide out	Brandon Briggs	Man	6'	180	Jr
DB	* - Derick Britt	Herm	5'10	170	sr
Wide out	* - Akeem Brown	JM	6'	170	Sr
LB	* - Thayne Bruce	C.Hill	6'3	200	Sr
Wide out	Dewayne Burnette	Armstrong	6'3	185	Sr
Punt Returner	Marcellus Carter	HSHS	5'8	145	Jr
LB	Deon Clarke	Bird	6'2	220	Soph
LB	* - Will Connerley	L-D	6'2	195	Sr
Punter	* - Stephen Denuel	Cosby	5'11	180	Sr
LB	D'Vonta Derricott	PH	6'	190	soph
RB	D'Vonta Derricott	PH	6'	190	soph
Lineman	Ty Dettmer	Man	6'3	260	Jr
End	* - Matt Doty	L-D	6'1	220	Sr
RB	Tyler Drewes	C.Hts	6'	185	Sr
End	Mike Edmonds	TD	5'9	195	Sr
RB	Trevor Elie	Atlee	5'6	156	Jr
Center	Tevin Evans	MBK	5'10	240	Sr
Tackle	Jake Goins	Man	6'5	280	Jr
Tackle	* - Brad Goldsmith	Hanover	6'	225	Jr
RB	Easton Gordon	Herm	5'9	170	Sr
QB	* - Fuller Hoepner	Cosby	6'	205	Sr
DB	* - DreQuan Hoskey	Hen	6'	170	Sr
DB	* - Keith Johnson	Pete	6'	175	Jr
Wide out	* - Keith Johnson	Pete	6'	175	Jr
TE	JJ Jones	Bird	6'2	210	Jr
Lineman	Jordan Kocen	MG	6'	240	Sr
Tackle	Daniel Lawson	Herm	6'3	265	Sr
LB	* - Morgan Lusk	Cosby	6'1	220	SR
Lineman	* - Justin Manuel	PH	6'2	260	Sr
Place Kicker	Cody McDaniel	Varina	5'7	160	soph
DB	* - Tyler Moody	L-D	5'8	160	Jr
Guard	* - Vasilli Nikiforos	JRT	5'11	210	Sr
End	JP Pearson	Man	6'1	215	Jr
Lineman	* - Torrie Pettis	Bird	5'10	210	Soph
Guard	* - John Pond	Mat	6'3	280	Jr
Tackle	* - Ryan Powis	JR	6'1	260	Sr
Place Kicker	Anthony Prevost	TD	5'3	123	Soph
Wide out	Willie Pugh	Man	6'1	180	Jr

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<b>Central Region Honorable Mention</b>					
Punter	* - David Ratchford	Atlee	6'	180	Sr
Utility	Jalen Reeves	Hope	5'8	155	Jr
QB	* - Brendon Riddick	Herm	6'1	180	jr
LB	James Santiago	Bird	5'10	180	Jr
RB	John Saunders	HSHS	5'10	175	Sr
RB	Josiah Shelton	JM	6'	200	Sr
Utility	Josiah Shelton	JM	6'	200	Sr
Wide out	Darius Simpson	TJ	5'10	170	
Center	Justin Smith	Varina	5'8	245	Sr
Guard	Rashaad Smith	Varina	6'	268	Sr
Wide out	* - Ben Smith	Mat	5'9	175	Sr
Lineman	Quinton Spain	Pete	6'5	349	Sr
LB	Tavarius Thompson	JM	6'	210	Sr
Wide out	* - Danny Trsic	Hanover	6'3	175	sr
End	Wes Valentine	DR	6'2	210	Sr
TE	Wes Valentine	DR	6'2	210	Sr
DB	Breon Washington	Man	6'1	185	Jr
Lineman	Dominique Washington	PG	6'3	280	Jr
DB	* - Jesse Wells	JR	5'10	155	Sr
Utility	* - Jesse Wells	JR	5'10	155	Sr
RB	Kevon White	JR	5'7	185	Jr
Kick Returner	Mario Williams	Hug	5'7	150	Sr
RB	Lionel Williams	Bird	6'	170	Fresh
Punt Returner	Jamal Winston	Man	5'4	150	Soph
Guard	Deonte Wright	Man	6'4	285	Sr

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