

2008 All-Metro Girls Cross Country

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Jenna Moye

School: Cosby

Year: Senior

Personal best : 18:35 at Footlocker South Regional

The skinny: Jenna Moye was 5th in the Dominion District meet, as well as the Central Region meet, where she narrowly edged her younger sister. Jenna also finished 21st in the Group AAA meet.

What you didn't know: Recently decided to attend Virginia Military Institute.

Megan Moye

School: Cosby

Year: Freshman

Personal best : 18:35 at Footlocker South Regional

The skinny: Megan Moye was 3rd in the Dominion District meet, 6th in the Central Region, and finished an impressive 7th in the Group AAA meet, the second individual from the region to cross the finish line. The freshman Moye sister is the only girl from outside Midlothian to be all-district, all-region and all-state this fall.

What you didn't know: After four years of playing, dreamed of being a softball star until older sister Jenna started running.

Susannah Piersol

School: Maggie Walker Governor's School

Year: Senior

Personal best : 18:27 at Footlocker South Regional (2007)

The skinny: Piersol paced Maggie Walker's team in an outstanding season, providing a senior

foundation and a fast first scoring runner. The Colonial District winner was 3rd in the Central Region meet and 17th at Great Meadow in the Group AAA race. Her consistency helped the Green Dragons to a district title and second-place finishes in the regional and state meets.

What you didn't know: Started out as a dancer and has continued competitive diving.

Paige Johnston

School: Midlothian

Year: Senior

Personal best : 18:38 at Nike Cross Nationals Southeast Regional

The skinny: Johnston was a strong senior presence, running third for the Trojans in the Central Region and Group AAA meets and finishing 12th overall in the state meet at Great Meadow. She earned all-district, all-region and all-state honors, and she's been a part of all four Midlothian state championships.

What you didn't know: For her 18th birthday, she learned to salsa dance in NYC.

Amy Witt

School: Midlothian

Year: Junior

Personal best : 18:07 in Central District meet

The skinny: Witt has consistently been the No. 2 scoring runner for the state champion Trojans. She was second to teammate Kathleen Lautzenheiser in the Dominion District and Central Region meets. She was 8th in the Group AAA meet, earning all-district, all-region, and all-state honors.

What you didn't know: Born in Gijon, Spain, and lived there for three years.

Barbara Strehler

School: Trinity Episcopal

Year: Senior

Personal best : 17:39 at Norfolk Academy

The skinny: Completed her high school career as the strongest private school runner in the area, winning the League of Independent School championship and finishing second in the VISAA

meet; she finished third in the young women's division of the Junior Olympic meet earlier this month.

What you didn't know: Looking for a partner to take tango lessons.