

**2008 1st Team All Metro Girl's Volleyball**

<b>Kristin Carpenter</b>	<b>Hanover</b>	
<b>Meghann Forshey</b>	<b>Deep Run</b>	
<b>Mallory Woolridge</b>	<b>Deep Run</b>	
<b>Julia Cushman</b>	<b>James River</b>	
<b>Mallory Carter</b>	<b>Cosby</b>	
<b>Heather Brentzel</b>	<b>James River</b>	
<b>Liz Drewry</b>	<b>Mills Godwin</b>	

**2nd Team All Metro Girl's Volleyball**

<b>Sarah Ham</b>	<b>Prince George</b>	<b>Outside Hitter</b>
<b>Dana Hinden</b>	<b>Powhatan</b>	<b>Middle</b>
<b>Taylor Hopkins</b>	<b>Hanover</b>	<b>Outside Hitter</b>
<b>Katie Hudencial</b>	<b>Hanover</b>	<b>Setter</b>
<b>Meghan Meleski</b>	<b>Mills Godwin</b>	<b>Setter</b>
<b>Cassie Stergar</b>	<b>James River</b>	<b>Middle</b>
<b>Rachel Williams</b>	<b>Hanover</b>	<b>Libero</b>
<b>Gretchen Wilson</b>	<b>Midlothian</b>	<b>Defensive Specialist</b>